

# Read The Book



## **Whitewater Rapids Ahead!**

Welcome to #PowerReadTheBible, the 60-Day Bible reading adventure.

Whether you're meeting with me in a live class, or participating online, I'm honored to have you along for the journey!

Consider me your whitewater rafting guide. We're in the boat together, we're all paddling and getting wet. I'm along to encourage you, point out some sites along the way, and help us avoid big rocks in our path.

Once we begin the read, I'll share daily email updates for the next 60 days.

**Daily reading time varies from person to person, but you can expect to commit approximately one hour a day.**

The 60-Day read is a different kind of Bible engagement. It's the opposite of scripture meditation, or Bible study. It's not even casual reading. It's what I call "Power Reading."

It's like watching an NFL football game in 15 minutes.

I'm told that an actual NFL game can be viewed in only 11 minutes. The rest of the 3+ hours of network programming is time in the huddle, calling plays, or just running off the clock... it's commercials... it's the camera panning the crowd, the sidelines, the cheerleaders, or Jerry Jones in his suite.

The Power Read is a “hurry-up” read experience. The goal is NOT to understand everything. The benefits are different. Familiarity. Big picture. Making the Bible smaller and less intimidating. For many, it’s a first time to experience the full Bible at once. And for us all, a fresh spiritual reset for the soul.

[Click here to download and print your reading plan](#)

Grab a helmet and a paddle. The rapids are waiting for us!

Jeff



# The Boring Part

Here's a rather boring section (outlines feel that way to me)... But these nuggets below answer a host of FAQs you might have before the 60-Day Bible read.

An important note - these are guidelines, helps, suggestions. **They are NO rules.** You set your own rules. :-)

And I cherish your questions and feedback, which helps me shape this experience for others.

## 1. Select your Bible

Recommend a Bible with NO notes or commentaries

Consider reading a new Bible or one that does not have your notes, markings from the past (not crucial)

Choose a readable translation (like ESV, NIV, NASB, etc.) but AVOID paraphrases (The Message, etc). If you've done a Bible read through before, perhaps try a new translation for fun.

Large print, easy-to-read font is helpful to the eyes.

I like a physical-Bible in my hands for this experience, but if you are the e-reader type, go for it.

## 2. Set your reading schedule/rhythm

Reading Plan - I will provide a recommended reading plan, with a built-in Speed Reading Pace Chart. <https://jeffandersonauthor.com/power-read-resources/>

Set aside an hour a day to start and find your pace. For some readers, it might be considerably shorter. I recommend some morning reading, but that's personal preference. Long reading stretches are preferable to frequent starts and stops, because the brain takes time to engage the reading process.

### 3.Strategy

Keep your Bible with you wherever you go (prime reading opportunities are often unexpected)

Practice “cruising” and “traffic” reading (See Pace Chart: <https://jeffandersonauthor.com/power-read-resources/> )

Don’t try to comprehend everything—keep moving!

Have note pad nearby to jot down themes, questions, and big observations for later reflection. I’m a big fan of taking a highlighter straight to the pages of your Bible.

### 4.Rule #1 - NO GUILT. If you get behind:

Again, NO guilt (avoid the trap).

Avoid getting behind! :-)

If necessary, catch-up on weekends with marathon reading sessions

If you become overwhelmed or have unexpected “life” thrown at you, reset your goals/plan (If your 60 day plan becomes 75 or 90 or... that’s still awesome!)

### 5.Mindset

You are spending time with God ("the Word was God" - John 1:1). Take pauses to say “You see me, don’t you God?” You are showing God you value His word. (By taking an hour to do this, you are taking an hour from something else.) God notices your sacrifice and efforts to seek Him in this way.

Some days (weeks) can be particularly challenging. Push through.

It’s just a season - 60 Days. Press on. (While Bible engagement is a lifetime journey, “power reading” is for special seasons. Embrace this season)

# Power and Speed

[Click here to download and print your reading plan](#)

As I've mentioned, completing the 60-Day Bible Read requires "speed" work. **The idea is to adjust as you read.**

Some sections should be read more carefully and slowly than others. And other sections will be like weaving in and out of traffic – getting to the next destination, quickly.

But even your slowest pace should be fairly fast reading. To help you with your pace, I've created a Pace Chart (or a Speed Chart)

**I recommend three different speeds:**

**Speed 1**, the slowest, is still what I consider "comfortably fast." It's the fastest pace you can read while still catching most every word as your eyes float across the page.

**Speed 3**, the fastest, is high-paced skimming. It's hardly called reading. You're not giving attention to every word. Your eyes float down more than left to right.

**Speed 2**, is in the middle (you be the judge).

**Here's how it works.**

For readers on the 60-Day reading schedule, **Days 1, 2 and 3 are "Speed 1" texts.** The account of Genesis is foundational history. It might warrant some of the slowest reading of your entire Bible read.

On Day 4, you're in Exodus. After the Israelite jailbreak from Egypt, the biblical narrative slows down a bit and enters into a section of laws, customs and tent tabernacle minutia – which, for the reader, means picking up the pace.

**Beginning in Exodus 21 (after the Ten Commandments), I shift from Speed 1 to Speed 3.** Burning rubber through the pages.

Some sections are marked by two different speeds. That's so you can pick your own speed. (Remember, it's YOUR plan and YOU determine the rules.)

If you want to read the entire Bible in Speed 1 and pronounce every word in your mind, go for it.

**Finding your speed will be a work in progress the first few days.**

## **Pick a Theme**

I learned about this type of “power” Bible reading from a friend named Bruce Ammons, a pastor in Texas. Bruce encouraged me to read the Bible in 30 Days. So that's what I did. (The only difference in a 30-60-90 path is just the pace and volume of reading).

For this type of reading (30-60-90...) Bruce encourages readers to pick a theme of focus. A topic that you'd like to watch for in your reading. It could be a single word theme like:

- \* Forgiveness
- \* Salvation
- \* Obedience
- \* Grace
- \* Money
- \* Occupation
- \* Parenting

Or you could pick a theme that represents a season in your life:

- \* Choosing to get married
- \* Decision to take a new job
- \* Selecting a college or course of study
- \* Battling depression
- \* Praying for healing
- \* Dealing with a wayward child
- \* Restoring a broken marriage

You get the idea.

Once you select your theme, simply read with that theme in mind and look for direct (or even indirect) mention of that theme. As you come across these themes/words, highlight in your Bible and move along.

When you complete the Bible read you'll have a marked up Bible of highlights and you can go back through them at a later date.

My first Power read experience was a 30-day read and I chose the theme of WISDOM - so this included words like "wisdom", "understanding", "knowledge." My next 30-day read I selected the theme of BIBLE. This includes the words "word, statutes, laws, commandments, scriptures, etc."

Remember, this idea is OPTIONAL. If it appeals to you and you find it helpful, great. If you prefer to not have a bias in your reading, that's fine too.

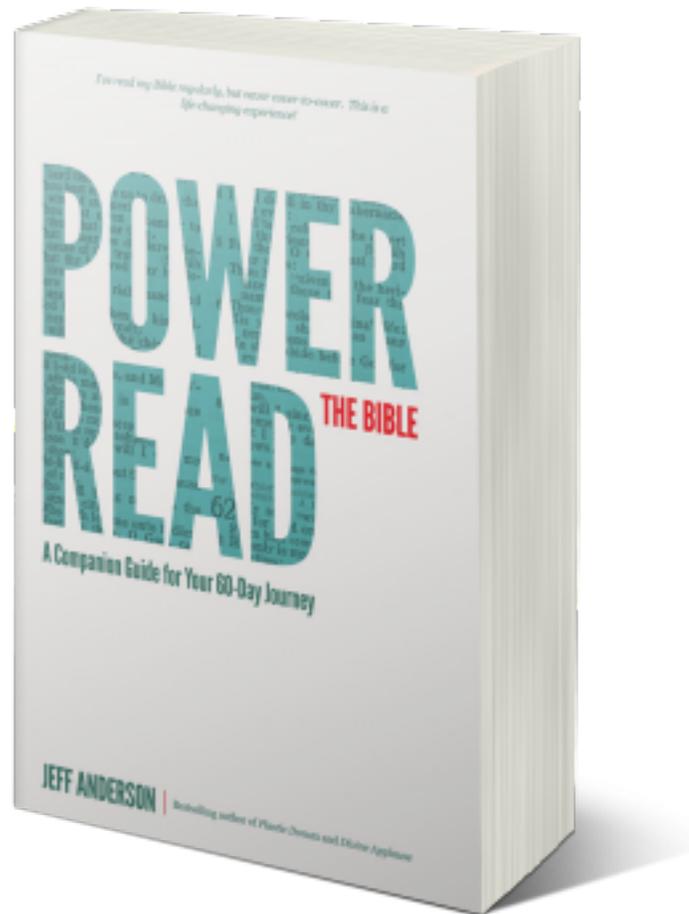
And feel free to explore. You can start with a theme and abandon it. Or start without a theme and pick one up along the way.

**Make sure you're receiving my emails (check your SPAM folder) and get ready to dive in!**

**Jeff Anderson**

**[www.JeffAndersonAuthor.com](http://www.JeffAndersonAuthor.com)**

**Want a printed companion for your Power Read?**



**Available here: <https://jeffandersonauthor.com/store/>**